

Miriam Lieberman, MA, LPCS
Licensed Professional Counselor Supervisor

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PROFESSIONAL DISCLOSURE STATEMENT FOR CLINICAL SUPERVISION

Thank you for considering me as your clinical supervisor. I look forward to building a relationship of trust and growth with you. This document should answer your questions about my qualifications but feel free to ask me any questions that you have and I will gladly answer them or provide you with other supporting documents as needed. At the end of this document is the [Clinical Supervision Agreement Form](#) for you to sign should we enter into a contractual agreement for supervision.

Professional Experience and Credentials

I hold a Master's Degree in Counseling Psychology from Goddard College in Vermont, obtained in 1996. I was licensed in the State of North Carolina as a Licensed Professional Counselor (#3203) in 1998. I In my thirteen years of post licensure counseling experience I have worked in two agency settings and maintained a part-time private practice giving me a broad view of the field. I work with children and families from conception through adulthood, providing play therapy, Child Parent Psychotherapy, interactive therapy for older children and adolescents, individual therapy for adults, couples therapy and family therapy. I provide psycho-educational therapy groups and parenting classes; as well as, consultation on early childhood behavioral issues and identifying and reporting child abuse and neglect. I am currently involved in the formation of the North Carolina Infant and Young Child Mental Health Association. Between 2005 and 2007 I also served as the Clinical Coordinator providing clinical and administrative supervision to a staff of 4-5 therapists in an agency setting. This included performing all administrative and documentation requirements as a therapist and as a clinical supervisor.

I use a variety of methods and styles in therapy. This is determined by who the client is (child, adult, couple, or family) and the diagnosis, presenting issues and needs assessment. I have extensive experience treating children and adults with trauma and working in a multi-team approach with child protective services, schools and other systems where needed. I use a culturally sensitive strengths based approach with families and have quite a bit of experience working with Hispanic families and the issues of acculturation in general. With younger children I employ play therapy to engage them and assist them to identify and express their feelings and concerns and to introduce corrective strategies and problem solving where needed. With older children and adolescents I use a lot of cognitive-behavioral approaches especially where anxiety, phobias and obsessive compulsive behavior are an issue. When working with children I involve parents as much as possible while maintaining confidentiality for the child if I'm seeing them individually (unless there are forensic reasons or court orders not to). With adults I employ a variety of therapeutic styles depending on their needs. I incorporate somatic and mindfulness work to assist with stress management along with educational, cognitive-behavioral, and family systems work. I hold an empathic client centered presence while being able to challenge a client to grow when needed.

I provide clinical supervision to those seeking licensure as a Licensed Professional Counselor in North Carolina (whether just out of school or relocating to our state mid career) and to those seeking to meet the supervision requirements of a graduate internship or practicum as well as for professional growth post licensure. As of September 2011 I will have completed the 45 hours of continuing education required for licensure as a Clinical Supervisor (and have 34.50 Hours as of 8-17-11). I offer supervision for clinicians serving children, adolescents, couples, and

families. I do not offer supervision in the areas of career counseling, school counseling or substance abuse counseling,

Supervision Model

Supervision is a place to develop the necessary skills, discernment and practice of counseling to protect one's clients and become a competent practitioner. There are many styles and types of supervision. The model of supervision that speaks to me the most is a Developmental Model which adjusts for and to the level of expertise of the supervisee. Upon entering the field we know what we know from school and quickly learn what we do not know. The clinical supervisor is there to help us learn what *we don't know that we don't know* in a safe and supportive environment that allows the supervisee to be accountable while learning. The needs of the supervisee will change substantially over time and I aim to support and spur that growth while assuring client and therapist safety. I use a reflective model of supervision whether in group supervision, reviewing tapes, or live supervision as the situation allows or dictates. The goals of clinical supervision are:

- To develop competence in standard mental health assessment and treatment modalities while encouraging a lifelong love of learning and growing within the field.
- To gain a thorough underpinning of theoretical orientations and their practical application.
- To develop clinical skills in assessment, treatment planning, implementation and documentation.
- To oversee the development of solid ethical decision making in the clinical setting.
- To model and promote appropriate ways to work with issues of culture, gender, sexual identity and preference, religious affiliation or other difference in the counseling setting.
- To develop the counselor's self awareness and ability to discern what are his/her issues to sort through in clinical supervision and what are the client's issues so as to avoid counter transference in the therapy. While clinical supervision is not therapy, in these instances it may brush up against that boundary as we discern which issues need to be discussed in supervision and which would best be addressed within the supervisee's own therapy.
- To assist the supervisee in reducing their own professional performance anxiety while increasing their professional identity and areas of expertise.

Evaluation Process

I use several tools in establishing the goals in supervision with supervisees:

- 1) *Therapist Evaluation Checklist* by Hall-Marley (2000).
- 2) *Four Stage Model of Clinical Development and Supervision* by Robert Taibbi (1995).
- 3) Mutual discussion of the strengths and weaknesses of the supervisee over time.

Using these tools we will establish mutually agreed upon goals that we will review during supervision sessions and as required by your school or the NCBLPC. I will keep brief session notes and provide written evaluation for you when supervision is finished or as needed.

Confidentiality

Most of what we discuss in clinical supervision will be confidential but there are a few exceptions based on my liability for your work with clients and my accountability to the school or licensing body whose requirements you are meeting.

- If I have reason to believe a client of yours may be at risk of serious harm I may need to take an action to seek help for that client; therefore your clients should likewise know that you are receiving supervision for which you must share confidential information with me.
- If you report to me that a client of yours presents a serious risk to self or other and I am not confident that it has been adequately addressed in the therapy I may need to break confidentiality to seek assistance for the client or other person in harm's way.
- If you are participating in a group supervision session with me I will not divulge private information about you to other group members. They will be operating under a confidentiality agreement as well with stated consequences for breaching it. However I am not responsible for the actions of any group members who fail to honor this confidentiality agreement.

- I will have to give feedback in various forms to the NCBLPC if you are seeking licensure as a Licensed Professional Counselor) in North Carolina and to your school if you are seeking a graduate degree.

Expectations of One Another

You can expect me to:

- Maintain a confidential record of our sessions containing our contractual agreement, session notes, evaluations and other documents needed to verify our work together.
- Maintain my own credentialing and licensure requirements to provide clinical supervision.
- Maintain my own liability insurance.
- Focus on your professional development (regardless of the developmental stage in which you find yourself) in an open, honest, compassionate and respectful manner while providing feedback about your work with clients. If I feel the need to challenge or confront I will do so in an equally professional manner that focuses on skill building.
- Keep a keen eye on the ethical guidelines and legal statutes that govern our work with clients and intervene if I feel a client's welfare is in jeopardy.
- Be sensitive to issues of diversity within our relationship and the relationships between you and your clients.
- Be available to you in the case of emergency or to provide you with back-up in the event that I would be away for an extended period of time.

I will expect you to:

- Understand the requirements of your supervision and/or training and to provide me the necessary information to track your progress (i.e. number of hours needed, person to contact at your school, etc.).
- Attend all scheduled supervision sessions or provide me with 24 hour notice of cancellation or pay the fee unless it is a true and unavoidable emergency.
- Provide me with a copy of your individual malpractice insurance with minimum limits of 1million/3million aggregate and provide a copy of this to me.
- Follow the ACA Code of Ethics and legal statutes as they relate to the counseling profession, as well as the requirements of your place of employment.
- Have a crisis plan in place for your clients should you have an emergency and provide me with a written copy of it.
- Reflect upon your core values and beliefs as they impact your counseling relationships and your rapport and outcomes with clients.
- Inform all of your clients that you are receiving clinical supervision with me and my contact information should they not be able to reach you.
- Remember that clinical supervision is not psychotherapy but if your personal issues interfere with your ability to provide competent services I will recommend individual therapy for you to resolve those issues.
- Remember that I am liable for all your work with clients so a full accounting of your work with clients is important for me to understand the scope and quality of your skills. I will want to see case notes, tapes (audio or video) as well as hear your reflections on what is going well and what is challenging in all client cases.

Fees and Scheduling

\$100 per hour for Individual Supervision.

\$75.00 per hour for Group Supervision.

I will do my best to secure a regular time slot that works for us both while being as flexible as I can should the need arise.

Emergency Contact Information

In the event of an emergency I can be reached at
Home/Office: (919) 304-5754 or Cell (919) 618-4919
E-Mail: melieber@mebtel.net (Email is not a secure means of communication so please do not include any identifying information about clients in an email).

Concerns

I will do everything in my power to earn your trust and build a relationship of trust and open communication with full recognition of the inherent power differential implied in a supervisor/supervisee relationship. I hope that if you have an issue with me for any reason that you will come first to me to resolve it. I will always listen and welcome your honest feedback. Should you need to share your concerns you can write to the North Carolina Board of Professional Counselors at: PO Box 21005 Raleigh, NC. 27619

By signing this document below we are entering into a contractual agreement and accepting the terms herein.

Supervisee
Print Name_____

Date

Supervisor
Miriam Lieberman, MA, LPCS

Date