

Summer Support Group for Parents

Facilitated by Miriam Lieberman, MA, LPC

Triangle Pastoral Counseling, Inc.
312 W. Millbrook Ste. 109
Raleigh, NC 27609
919 845-9977 ext 207

Tuesdays: May 5, June 2, July 30, Aug 4,

Time: 7:15-9:00 pm

Cost: \$30.00 per person or \$50.00 for co-parents

This support group is available to parents who are using the Love and Logic Parenting Philosophy and want to support one another to continue learning and using the strategies. If you have worked one on one or taken a class with Miriam and want to brush up on your skills and have a place to share in the joys and challenges of parenting you may wish to join this group of dedicated parents. Let's put the fun back in parenting!

Call **Miriam Lieberman at 919 845-9977 ext 207** or email me at melieber@mebtel.net to learn more, to schedule a class, or for private coaching sessions.

Parenting with Love and Logic is a curriculum that helps parents be authorities in the home without becoming drill sergeants or helicopters to our kids. It is about taking good care of ourselves by allowing children to own more of their decisions (the good ones and the bad ones) so that our empathy and the consequences do the teaching. It helps us enjoy our families by building respectful relationships and creating a sense of belonging and responsibility in children.

We deserve support as parents in this ever more challenging world. All questions are welcome.